

Ingredients

1 small pumpkin (small, peeled and cut into cubes)

1 cup sugar

1 teaspoon salt

1 teaspoon cinnamon

Directions

- 1. Preheat oven to 325 degrees Fahrenheit.
- 2. Place pumpkin cubes in a baking dish and sprinkle with sugar and salt.
- 3. Cover pan with foil and bake until soft.
- 4. Sprinkle with cinnamon.

Serving size: 8 servings

https://www.choosemyplate.gov/recipes/supplemental-nutrition-assistance-programsnap/baked-pumpkin

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